<u>DON'T MISS THE BEST TOURNEY OF</u> THE YEAR!!

Mountain View Junior High Wrestling Tournament

Saturday, December 8th, 2007 At Mountain View High School, Orem UT

(665 West Center St. - Just take the Orem Center St. Exit and head East!)

This is the 6th year that this tournament has been run. Every year we have more and more participants wrestle, yet we continue to get the wrestlers and parents our as early as possible Saturday afternoon. (Last year the last kids were done by 5 pm) **That is our commitment: to have great competition while being parent and fan friendly.**

<u>ENTRANTS</u>: This is open to all junior high wrestlers (5th - 9th grades). Remember - if ninth graders come they cannot practice with or wrestle for the high school team.

<u>WEIGHTS</u>—Utah Middle School (5-7) 60, 65, 70, 73, 76, 80, 83, 86, 90, 93, 96, 100, 105, 112, 119, 125, 130, 135, 145, 165, 180, 210, HW

Utah Jr. High (7-9) 70, 75, 80, 85, 90, 93, 96, 100, 104, 108, 112, 116, 120, 124, 128, 132, 138, 145, 155, 170, 190, 210, 250, HW.

<u>WEIGH-INS</u> — We prefer that teams weigh in the night before the tournament and fax or email us the results. That way we can have the brackets set up and ready to go on Sat. morning. You need to get with another coach and weigh your wresters in together, sign the weight sheet and send it to us. In cases where a team cannot get another coach to weigh them in, a school administrator will do

If you want to weigh in the morning of the tournament at MVHS – you may do so by appointment only.

<u>FORMAT</u>: The tournament will start at 9:30 a.m. and will run until finished. It will be an eight or sixteen man bracketed, double elimination format. Every wrestler should get at least 2 matches. In weights where there are 4 or less wrestlers, we will run a round robin. Brackets will be run on the mats so there will be no need for a pairing room.

<u>Cost</u>: \$10.00 per individual entry due at time of weigh-ins. Coaches will bring the lump sum in the morning when the team checks in. (before 8:30) Spectators are free!

<u>Awards</u>: Medals will be awarded to the top three places in each division. No team scores will be kept.

<u>Questions:</u> Robert Stoddard (call or fax to let me know if you will be coming.) Coaches please drop me a note if you are coming so I can plan and make the tournament better for you and the parents.

Phone - (801) 227-2400 ext 236 Fax- (801) 227-8764 Email - rstoddard@alpine.k12.ut.us

Breakfast will be available (pancakes and O.J.)

Concessions all day