



# 2009 AAU JUNIOR OLYMPIC GAMES WRESTLING FREESTYLE COMPETITION (Page 1)



## MIDDLE SCHOOL DIVISION & HIGH SCHOOL DIVISION

**LOCATION:** Hy-Vee Hall, Iowa Events Center, 730 3<sup>rd</sup> Street, Des Moines, IA 50309

**DATES:** Sunday, August 2, 2009 Team Check-In, Practice, Weigh-ins, Coaches Meeting  
Monday, August 3 - Friday, August 7, 2009 Competition  
Monday, August 3, 2009 Celebration of Athletes – Wells Fargo Arena

**MIDDLE SCHOOL AGE DIVISIONS:** **TEAMS will be comprised of up to 25 wrestlers (must have a minimum of 11 competitors). All wrestlers must be enrolled in 6<sup>th</sup> through 8<sup>th</sup> grades during the 08-09 school year and not turn 16 in 2009 to be eligible. Documentation of age AND school attendance must be provided for all wrestlers.**

**MIDDLE SCHOOL WEIGHT CLASSES:** **The weight classes will be as follows: 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 152, 160, 171, 189, 250 (maximum weight is 250 lbs.) No weight allowance will be given.**

**HIGH SCHOOL AGE DIVISIONS:** **TEAMS will be comprised of up to 18 wrestlers (must have a minimum of 8 competitors) having birth years of 1990, 1991, 1992, 1993, 1994, 1995 and 1996. All wrestlers must have been enrolled in high school during the 08-09 school year. Documentation of age AND school attendance must be provided for all wrestlers. NO POST HIGH SCHOOL GRADUATES MAY PARTICIPATE (i.e. graduated and then attending prep school)**

**HIGH SCHOOL WEIGHT CLASSES:** **The weight classes will be as follows: 98, 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285, (maximum weight is 285 lbs.) No weight allowance will be given.**

**ENTRY DEADLINE:** **Entries must be received ONLINE by Monday, July 13, 2009. ALL ENTRIES MUST BE RECEIVED BY THE DEADLINE DATE. It is the responsibility of the coach or designated team representative to submit the entry fee, team name and coaches information by the **deadline date****

**ENTRY FEES:** The entry fee per team is \$800.00 and is non-refundable.

**COMPLETING YOUR ENTRY:** **STEP 1 – Register your team. You can do this online.**

**ONLINE REGISTRATION:** Visit [www.aaujrogames.org](http://www.aaujrogames.org) to register your team online. Visa, Master Card, American Express and Discover accepted.

**STEP 2 - Bring the entire team packet together to Team Check-In, which includes the following:**

- 1) Completed Wrestling (Freestyle) Team Entry Form
- 2) Wrestling Individual Athlete Entry Forms (Maximum of 25 for MS Maximum of 18 for HS)
- 3) Coaches Entry Forms (Three (3) per team)
- 4) Table Worker Entry Form (use Coaches Form)
- 5) School Attendance Documentation (for each wrestler)
- 6) Copy of a governmental proof of age documentation

**Sheets must be filled out entirely and presented at Team Check-In on Sunday, August 2, 2009.**

**MIDDLE SCHOOL:** Each team will consist of up to 25 members (must have a minimum of 11 competitors) 20-wrestlers, 5-alternates, 1-coach, 2-assistant coaches, 1-table worker

**HIGH SCHOOL:** Each team will consist of up to 18 members (must have a minimum of 8 competitors): 15-wrestlers, 3-alternates, 1-coach, 2-assistant coaches, 1-table worker

\*\*\* 7<sup>th</sup> & 8<sup>th</sup> graders can wrestle on the High School Team but NOT on both \*\*\*

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- TABLE WORKERS:** Each team is required to provide one person to work at the scoring table during each of the team's dual meet. This person must be an AAU member and be at least 14 yrs. old.
- AAU MEMBERSHIP:** All athletes, team coaches, and table workers must be 2009 members of their AAU District and be able to present their AAU membership cards at the time of Team Check-In. To become a member, register on-line at [www.aausports.org](http://www.aausports.org).
- RULES:** Competition will be conducted according to the rules as outlined in the current FILA Rules in the AAU Wrestling Handbook. This applies to wrestling techniques as well as conduct, attire and decorum on the mat.
- BIRTH CERTIFICATE:** All athletes must be able to present a **governmental proof of age documentation such as a birth certificate, driver's license or passport plus** documentation of school attendance at time of Team Check-In. **AAU is not responsible for returning original birth records.**
- QUALIFICATIONS:** Districts may enter more than one team. There is no limit to the number of teams that may represent a single District. A team may only represent a single District and all members comprising a team must be from the same AAU District (or released by their District according to the guidelines in the annual AAU Wrestling Manual). Teams (in a District that hold qualifying events) must receive approval from that District wrestling director if they did not qualify and wish to bring a team. For information on teams that hold qualifying events, visit [www.aausports.org](http://www.aausports.org) and click on Wrestling or call the national office at 407-934-7200.
- TEAM CHECK-IN:** **Pre-Registration:** It is extremely important that all entries be completed online or received no later than the above-mentioned deadline date. **ENTRY FORM (S) RECEIVED BEYOND THAT DATE WILL NOT BE ACCEPTED!** For a waiver of the entry deadline contact Karen Wilson at [www.kwilson424@yahoo.com](mailto:www.kwilson424@yahoo.com) or 586-604-9395.
- On-Site Check-In:** Check-In for participants will be held in downtown Des Moines at Veterans Memorial Auditorium (Iowa Events Center) located at 730 Third Street, Des Moines, IA 50309. Parking fees will typically be around \$6.00 per day, but other area events can cause parking fees to fluctuate. Please follow the posted signs to the Check-In Area. For check-in hours, maps, parking information and additional directions please visit [www.aaujogames.org](http://www.aaujogames.org).
- Teams must check-in AND weigh-in on Sunday, August 2 from 12:00 p.m. to 4:00 p.m. TEAMS MUST BRING THEIR ENTIRE TEAM ENTRY PACKET TO CHECK-IN. WEIGH-INS WILL BE HELD AS SOON AS TEAM IS CHECKED IN.**
- ATHLETE WEIGH-IN:** **Sunday, August 2, 12:00 p.m. – 4:00 p.m.,** Scales will be available to competitors three (3) hours prior to the start of weigh-in. In addition, a workout area will be available Sunday, August 2, in the Hy-Vee Hall from 12:00 p.m. to 4:00 p.m. The actual weight classes of each competing wrestler will be established at the time of the initial weigh-in. **TEAM ROSTERS MAY NOT BE CHANGED AFTER BEING CERTIFIED AT WEIGH-INS.**
- COACHES MEETING:** All coaches and table workers are required to attend a meeting on Sunday, August 2. The Coaches Meeting will take place at the Hy-Vee Hall at 4:30 pm.
- WEIGHT CLASSES:** **MIDDLE SCHOOL: 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 152, 160, 171, 189, 250**
- HIGH SCHOOL: 98, 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285**
- BOUTS:** Length of bouts will be three 2-minute periods.
- CELEBRATION OF ATHLETES:** The 2009 AAU Junior Olympic Games **Celebration of Athletes** will be held on Monday, August 3 at 7:30 p.m. at Wells Fargo Arena in downtown Des Moines. All athletes are encouraged to attend, as you won't want to miss this year's celebration. Check the web site at [www.aaujogames.org](http://www.aaujogames.org) for more announcements on the **Celebration of Athletes**.

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**PARKING:** Some locations may have parking fees including the Iowa Events Center and Drake University. Please visit [www.aaujrogames.org](http://www.aaujrogames.org) for additional parking information and maps. Also, please note that some downtown hotels will charge for parking at their location. These prices vary. Please contact your hotel directly for more information on parking fees.

**TRANSPORTATION:** All athletes, coaches, and fans are responsible for their own transportation to and from all activities, events, and hotels.

**HOUSING:** The Des Moines Convention and Visitors Bureau will handle all requests for hotels. Visit [www.aaujrogames.org](http://www.aaujrogames.org) to make reservations, view hotel lists, maps and more. For assistance, please call the Des Moines Convention & Visitors Bureau at (800) 451-2625. You will need to have the following information ready when making reservations:

1. The sport in which you will compete
2. The number of rooms you need
3. Your arrival and departure dates
4. Your credit card number

**Important:** Please check online regarding deposit requirements and cancellation policies. AAU is not responsible for any refunds from cancellations.

**SECURITY:** All AAU Junior Olympic Games facilities maintain the right to search any bags, backpacks, purses, jackets, etc. throughout the duration of the 2009 AAU Junior Olympic Games.

**FOOD:** All AAU Junior Olympic Games facilities maintain exclusive rights to concessions. Outside food and beverage are not permitted throughout the duration of the 2008 AAU Junior Olympic Games. No coolers at any venue.

**ADMISSION FEE:** Admission to all venues and the Celebration of Athletes for credentialed participants is included in your entry fee. Please note that you must check-in and pick up your athlete or coach credential prior to receiving admittance into any venue, including the Celebration of Athletes. All other spectators will be able to enjoy any of the sporting events and ceremonies throughout the 2009 AAU Junior Olympic Games by purchasing an admission ticket that is valid for all the sports involved in the Games. For more information on ticket options, please visit [www.aaujrogames.org](http://www.aaujrogames.org).

**PARTICIPATION:** The AAU can not and does not guarantee the appearance and/or participation of specific participant(s) and/or teams (as applicable) in this event. The AAU has sanctioned (approved) this Event as an official AAU Event (competition), but the AAU is not and shall not be responsible for any participant's or spectator's expenses related to this Event (nor reimbursements for same) in case of dissatisfaction of any participant, friend, family, or spectator, this includes, but is not limited to all travel, hotel (lodging), food, entry fees and/or any other expenses related to the event.

**INFORMATION:**

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# 2009 AAU JUNIOR OLYMPIC GAMES WRESTLING SCHEDULE

**(SUBJECT TO CHANGE)**

## **Sunday, August 2**

12:00 noon – 4:00 pm	Team Check-In	Veterans Auditorium
12:00 pm – 4:00 pm	Practice	Hy-Vee Hall
12:00 pm – 4:00 pm	Weigh-In for Freestyle	Hy-Vee Hall
4:30 pm	Coaches & Table Workers Meeting	Hy-Vee Hall
9:00 pm	Officials Meeting	TBA

## **Monday, August 3**

8:30 am – 10:30 pm	Session #1	Hy-Vee Hall
10:30 am – 12:30	Session #2	Hy-Vee Hall
12:30 - 2:30 pm	Session #3	Hy-Vee Hall
<b>7:30 pm</b>	<b>Celebration of Athletes</b>	<b>Wells Fargo Arena</b>

## **Tuesday, August 4**

8:30 am – 10:30 am	Session #4	Hy-Vee Hall
10:30 am – 12:30 pm	Session #5	Hy-Vee Hall
12:30 pm – 2:30 pm	Session #6	Hy-Vee Hall
2:30 pm – 4:30 pm	Session #7	Hy-Vee Hall
4:30 pm – 6:30 pm	Session #8	Hy-Vee Hall

## **Wednesday, August 5**

8:30 am – 10:30 am	Session #9	Hy-Vee Hall
10:30 am – 12:30 pm	Session #10	Hy-Vee Hall
12:30 pm – 2:30 pm	Session #11	Hy-Vee Hall
2:30 pm – 4:30 pm	Session #12	Hy-Vee Hall
4:30 pm – 6:30 pm	Session #13	Hy-Vee Hall

## **Thursday, August 6**

8:30 am – 10:30 am	Session #14	Hy-Vee Hall
10:30 am – 12:30 pm	Session #15	Hy-Vee Hall
12:30 pm - 2:30 pm	Session #16	Hy-Vee Hall
2:30 pm - 4:30 pm	Session #17	Hy-Vee Hall
4:30 pm - 6:30 pm	Session #18	Hy-Vee Hall

## **Friday, August 7**

	Team Championships	
8:30 am – 10:30 am	Round #1	Hy-Vee Hall
10:30 am – 12:30 pm	Round #2	Hy-Vee Hall
12:30 pm – 2:30 pm	Round #3	Hy-Vee Hall
2:30 pm – 4:30 pm	Round #4	Hy-Vee Hall
4:30 pm – 6:30 pm	Team Finals	Hy-Vee Hall
	Team & Individual Awards	Hy-Vee Hall

\* **THE LAST SESSION SCHEDULED EACH DAY MAY BEGIN EARLY\***