

Event Schedule

Friday, May 16 Start Finish

Registration (All Divisions)..... 4:00 PM 5:00 PM

Pairing Officials Clinic and
FILA Cadet & FILA Junior

Tournament Set-up..... 4:00 PM Conclusion

FILA Cadet Medical Check &
Weigh-ins (See Weigh-in Procedures)..... 4:30 PM 5:00 PM

FILA Junior Medical Check &
Weigh-ins (See Weigh-in Procedures)..... 5:00 PM 5:30 PM

FILA Cadet Session I..... 7:00 PM 9:30 PM

Saturday, May 17 Start Finish

Girls Freestyle—Grades 3-8
Registration..... 9:00 AM 9:30 AM

* Girls Freestyle—Grades 3-8
Medical Check & Weigh-ins
(See Weigh-in Procedures)..... 9:30 AM 9:40 AM

Girls Freestyle—Grades 3-8
Tournament Set-up..... 9:30 AM 11:30 AM

FILA Cadet Session II..... 9:00 AM 11:30 AM

FILA Junior Session
Preliminaries through Finals..... 1:00 PM Conclusion

Girls Freestyle—Grades 3-8
Preliminaries through Finals..... 1:00 PM Conclusion

FILA Cadet Weigh-ins will count
for those who are also participating
in the FILA Junior Division

* Girls Freestyle (Grades 3–8)
Division athletes **MUST** be present
at the **BEGINNING** of weigh-ins

SESSIONS AND SCHEDULE SUBJECT TO CHANGE—
BREAKS WILL BE SCHEDULED AS DEEMED NECESSARY

For specific event procedures or scheduling, contact
USA Wrestling National Events at (719) 598-8181.

Want live text results? Make
sure to sign-up at:  TrackWrestling.com



Christopher Moen
USA Wrestling
6155 Lehman Drive
Colorado Springs, CO 80918



BODY BAR WOMENS NATIONAL CHAMPIONSHIPS

FILA JUNIOR, FILA CADETS & GIRLS
FREESTYLE NATIONALS

MAY 16–17, 2008

**UNITED STATES OLYMPIC TRAINING CENTER
COLORADO SPRINGS, CO**

Event Director: Christopher Moen
Phone: (719) 265-3635
Fax: (719) 598-9440
E-mail: cmoen@usawrestling.org
Venue Address: USOTC
1 Olympic Plaza
Colorado Springs, CO 80909

Online preregistration available at:



General Information

ENTRY: All competitors **MUST** preregister online at www.themat.com by 6:00 PM (MST), Tuesday, May 13th, 2008 or will be subjected to a \$10 late fee (per tournament). The **OFFICIAL WAIVER & REGISTRATION FORMS** will be completed electronically when registering online.

If registering on-site, the **OFFICIAL WAIVER & REGISTRATION FORMS** (available for download at www.themat.com) must be accurately completed and filed at registration.

Entry fee is \$30 (per tournament) if registered by 6:00 PM (MST), Tuesday, May 13th or \$40 (per style) if registering on-site. **There are no refunds for failure to compete. Please make checks payable to "USA Wrestling." There are no refunds for failure to compete.**

INDIVIDUAL AWARDS: In the FILA Cadet and FILA Junior divisions, the top three (3) place winners will be awarded attractive wooden plaques and place winners 4-6 will receive medals. Medals will be awarded to the top four (4) place winners in each weight class in the Girl's divisions. Outstanding Wrestler awards in the FILA Cadet and FILA Junior divisions.

RULES: For all divisions, the current rules of FILA, with USA Wrestling modifications where applicable, will govern the event and the competition.

UNIFORMS: Red & blue collegiate or girl's singlets, or red & blue reversible collegiate or girl's singlet with under briefs required. A sleeveless sport top is to be worn under the singlet (no T-shirts). **NO TWO-PIECE UNIFORMS ARE ALLOWED!**

PAIRINGS: Contestants are randomly drawn by computer. Wrestlers from the same state will be separated. For the FILA Junior division, wrestlers from the same club will be separated. The two pool system will be employed in all divisions with six or more entrants in any given weight class.

COACHING: A floor pass is required. Floor passes will only be issued to those individuals with a current USAW Coaches Membership Card and who are a minimum USAW NCEP Copper certified for the Girls Freestyle (Grades 3-8) division and USAW NCEP Bronze certified for the FILA Cadet and FILA Junior divisions. Coaches Membership Cards should be obtained from your state office prior to the event. Two certified coaches are the maximum allowed in each competitor's corner. To videotape any match at mat side, the operator must be one of the two certified coaches in the corner. Only coaches with a current USAW Coaches Membership Card AND who are USAW NCEP certified are entitled to free admission.

MEDICAL INFORMATION: Athletes must be present in a **COMPETITION SINGLET** and must submit to a skin disease screening prior to weigh-in. The chief medical officer has full authority without appeal in determining the eligibility of an athlete to compete. In the event of injury or illness, no contestant will be permitted to continue the competition without approval of the Chief Medical Officer, whose decision is final and not subject to appeal.

WEIGH-INS: Athletes must weigh in during the OFFICIAL weigh-in for EACH style registered. **Wrestlers participating in the Girls Freestyle (Grades 3-8) division must be present at the start of weigh-ins and may not leave the weigh-in area.** All wrestlers must be dressed in a COMPETITION SINGLET for weigh-ins and no weight allowance is given for the singlet.

Medical and waiver forms for all USA Wrestling events available at WWW.THEMAT.COM

Qualification

OLYMPIC DEVELOPMENT CAMP: May 11-15, 2008. All athletes must contact Coach Izzy by March 11th. Contact Coach Izzy either by e-mail at izzy@usawrestling.org, or by phone at (719) 265-3647. Rate for the camp is \$110 for fully-funded access athletes, and \$40/day for all other athletes.

FILA CADET TOUR: July 11-13, 2008. All FILA Cadet participants at the Body Bar National Championships are eligible for the Cadet Pan American Championship in San Salvador, El Salvador. FILA Cadet Champions will be fully subsidized. Athletes who are interested in this tour must contact Shannon Gillespie (USOEC Women's Freestyle Head Coach) by June 18th. Contact Coach Gillespie either by e-mail at sgillesp@nmu.edu, or by phone at (906) 227-1285.

*** FILA JUNIOR WORLD CHAMPIONSHIPS: July 29-August 3, 2008.** Champions qualify to represent the United States at the 2008 FILA Junior World Championships in Istanbul, Turkey. The FILA Junior World Championships and all related camps and competitions are fully subsidized. In order to compete at the FILA Junior World Championships, all athletes must attend the following camps and competitions:

- 1) June 22-25, 2008: Pre-Canada Cup camp: United States Olympic Training Center in Colorado Springs, CO
- 2) June 26-July 3, 2008: Canada camp & competition: Guelph, Canada
- 3) July 12-25, 2008: FILA Junior World Team Training Camp: Fargo, ND
- 4) July 21-22, 2008: Junior National Championships: Fargo, ND
- 5) July 26-August 3, 2008: FILA Junior World Championships: Istanbul, Turkey

For more information regarding this event, please contact Coach Izzy either by e-mail at izzy@usawrestling.org, or by phone at (719) 265-3647.

June 20-22, 2008. Runner-ups qualify for the 2008 FILA Junior Pan American Championships in Cuenca, Ecuador. For tournament information and cost, please contact Coach Izzy either by e-mail at izzy@usawrestling.org, or by phone at (719) 265-3647.

*** If the champion in any weight class of the FILA Junior division chooses not to participate in the FILA Junior World Championships, the second place finisher shall have the option to train for and compete in the FILA Junior World Championships. This process shall continue until a representative for the World Team is determined in each FILA weight class. Participants in all non-FILA weight classes contested at the Body Bar Women's National Championships are ineligible for World Team selection. Information regarding the FILA Junior World Championships and FILA Junior Pan American Championships will be provided by USA Wrestling's National Team coaches upon the completion of the event.**

Accommodations

OLYMPIC TRAINING CENTER

ATHLETES have the opportunity to stay at the Olympic Training Center complex during the training camp and Body Bar National Championships. Priority will be given to funded access athletes and based on availability. For questions or to reserve your room, you **MUST** contact Jaimie McNab of USA Wrestling at (719) 598-8181 by **MONDAY, APRIL 21ST**.

ADDITIONAL ACCOMMODATIONS

For information on Colorado Springs hotels and area attractions, please visit the web site www.ExperienceColoradoSprings.com.

For more information, please contact Cheryl McCullough with the Colorado Springs Convention & Visitors Bureau either by phone at (800) 888-4748 Ext. 142, or by e-mail at CMcCullough@ExperienceColoradoSprings.com.

USA Wrestling Membership & Eligibility

All contestants and coaches must present proof of a current USA Wrestling Membership Card during registration in order to participate at the 2008 Body Bar National Championships. This includes all Canadian athletes participating in the FILA Cadet and younger age-groups.

To purchase a USA Wrestling Membership Card, go to the www.themat.com, click on "Membership" and follow the instructions. Alternatively, Membership Cards can either be acquired from the State Chairperson or State Membership Director of the contestant's state of residence or purchased during registration.

Secondary sports accident insurance is provided as a benefit of membership. No prequalification required.

Age Groups & Weight Classes

(All weight classes in pounds, except where noted)

Girls Freestyle Nationals (Grades 3-6) Girls currently enrolled in grades 3-6 (three-year maximum age difference); weight classes to be determined after weigh-ins using blocked weight system within 12% of each competitor's body weight.

Girls Freestyle Nationals (Grades 7-8) Girls currently enrolled in grades 7-8; weight classes to be determined after weigh-ins using blocked weight system within 12% of each competitor's body weight.

Womens FILA Cadet (Born 1991-1993)
36-38 KG (79.25-83.75 LBS), 40 KG (88 LBS), 43 KG (94.75 LBS), 46 KG (101.25 LBS), 49 KG (108 LBS), 52 KG (114.5 LBS), 56 KG (123.5 LBS), 60 KG (132.25 LBS), 65 KG (143.25 LBS), 70 KG (154.25 LBS), * 78 KG (172 LBS), * 84 KG (185 LBS), * 100 KG (220.5 LBS)

Women's FILA Junior (Born 1988-1990, 1991 with medical certificate) 40-44 KG (88-97 LBS), 48 KG (105.75 LBS), 51 KG (112.25 LBS), 55 KG (121.25 LBS), 59 KG (130 LBS), 63 KG (138.75 LBS), 67 KG (147.5 LBS), 72 KG (158.75 LBS), * 79.5 KG (175.25 LBS)

* Not a FILA World contested weight class.

The FILA Junior division is open only to U.S. citizens eligible to represent the USA at 2008 World-level competitions. Athlete must be a U.S. citizen prior to the start of this event.