

Event Schedule

Friday, March 28 Start Finish

Cadet, Junior & Senior FS/GR Registration.....	5:00 PM	7:00 PM
* Senior FS Medical Check & Weigh-ins (See Weigh-in Procedures).....	7:00 PM	7:30 PM
Mat Officials Clinic.....	7:30 PM	9:00 PM
Pairing Officials Clinic & Senior FS Tournament Set-up.....	7:30 PM	9:00 PM

Saturday, March 29 Start Finish

Cadet & Junior FS/GR Registration.....	7:00 AM	7:30 AM
* Cadet & Junior FS Medical Check & Weigh-ins (See Weigh-in Procedures).....	7:30 AM	7:40 AM
Cadet & Junior FS Tournament Setup.....	7:30 AM	9:30 AM
FS Rules Clinic (Athletes & Coaches).....	9:00 AM	9:15 AM
# Cadet, Junior & Senior FS Preliminaries thru Completion.....	9:30 AM	Conclusion
Cadet, Junior & Senior GR Registration.....	6:00 PM	7:00 PM
Senior GR Medical Check & Weigh-ins (See Weigh-in Procedures).....	7:00 PM	7:30 PM
Senior GR Tournament Set-up.....	7:30 PM	9:00 PM

Sunday, March 30 Start Finish

Cadet & Junior GR Registration.....	7:00 AM	7:30 AM
* Cadet & Junior GR Medical Check & Weigh-ins (See Weigh-in Procedures).....	7:30 AM	7:40 AM
Cadet & Junior GR Tournament Setup.....	7:30 AM	9:30 AM
GR Technique Clinic (Instructed by USAW).....	8:00 AM	9:00 AM
GR Rules Clinic (Athletes & Coaches).....	9:00 AM	9:15 AM
# Cadet, Junior & Senior GR Preliminaries thru Completion.....	9:30 AM	Conclusion

* ALL athletes MUST be present at the BEGINNING of weigh-ins

Breaks scheduled as necessary

SESSIONS AND SCHEDULE SUBJECT TO CHANGE

For specific event procedures or scheduling, contact USA Wrestling National Events at (719) 598-8181

All participants are encouraged to preregister online at www.themat.com to save \$10 on the entry fee.

Want live text results? Make sure to sign-up at:  TrackWrestling.com



Merle Crockett
12917 NE Cedar Creek Road
Woodland, WA 98674



TOM SHAW MEMORIAL NORTHWEST CADET & JUNIOR REGIONAL CHAMPIONSHIPS AND SENIOR OLYMPIC TEAM TRIALS QUALIFIER

MARCH 28-30, 2008
BATTLE GROUND HIGH SCHOOL
BATTLE GROUND, WA

Event Director: Merle Crockett
 Home Phone: (360) 263-4947
 Work Phone: (360) 903-2943
 E-mail: mcrockett@clark.pud.com
 Venue Address: Battle Ground High School
 300 West Main
 Battle Ground, WA 98604

Online preregistration available at:



General Information

ENTRY: All athletes MUST register online at www.themat.com by 1:00 PM (PST), Wednesday, March 26th, 2008 or will be subjected to a \$10 late fee (per style). The **OFFICIAL WAIVER & REGISTRATION FORMS** will be completed electronically when registering online.

If registering onsite, the **OFFICIAL WAIVER & REGISTRATION FORMS** (available for download at www.themat.com) must be accurately completed and filed at registration.

Entry fee is \$25 (per style) if registered by 1:00 PM (PST), Wednesday, 26th or \$35 (per style) if registering on-site. **There are no refunds for failure to compete.**

INDIVIDUAL AWARDS: Attractive awards to the top four (4) place winners. Outstanding Wrestler awards in the Junior and Cadet divisions.

RULES: For all divisions, the current rules of FILA, with USA Wrestling modifications where applicable, will govern the event and the competition.

UNIFORMS: Red and blue singlets, or red/blue reversible singlet with under briefs required. For women, a collegiate or women's singlet is required and a sleeveless sport top is to be worn under the singlet (no T-shirts). **NO TWO-PIECE UNIFORMS ARE ALLOWED!**

PAIRINGS: Contestants are randomly drawn by computer. Wrestlers from the same state will be separated. One pool will be used for brackets with fewer than six (6) competitors and two pools will be employed if there are six (6) or more entrants in any given weight class.

COACHING: A floor pass is required. Floor passes will only be issued to those individuals with a current USAW Coaches Membership Card and who are a minimum USAW NCEP Copper certified for Cadets and USAW NCEP Bronze certified for Juniors and Seniors. Coaches Membership Cards should be obtained from your state

office prior to the event. Two certified coaches are the maximum allowed in each competitor's corner. To videotape any match at mat side, the operator must be one of the two certified coaches in the corner. Only coaches with a current USAW Coaches Membership Card AND who are USAW NCEP certified are entitled to free admission.

MEDICAL INFORMATION: Athletes must be present in a **COMPETITION SINGLET** and must submit to a skin disease screening prior to weigh-in. The chief medical officer has full authority without appeal in determining the eligibility of an athlete to compete. In the event of injury or illness, no contestant will be permitted to continue the competition without approval of the Chief Medical Officer, whose decision is final and not subject to appeal.

WEIGH-INS: **All athletes must be present at the BEGINNING of weigh-ins.** An athlete competing in both styles may weigh in once for both styles. This is contingent on the athlete actively competing in the first one of two wrestling styles scheduled. **Athletes competing in one style must weigh-in at the official weigh-in for that style.** Each athlete will be allowed two consecutive attempts to make weight and may not leave the weigh-in area. All wrestlers must be dressed in a **COMPETITION SINGLET** for weigh-ins and no weight allowance is given for the singlet.

CADETS & JUNIORS: BOTH DIVISIONS are open to **ALL** wrestlers that meet the necessary age requirements. Top three place winners at this event qualify for your state's ASICS/Vaughan Junior & Accelerade Cadet National Championships (in Fargo, ND; July 19—26, 2008) team above the state limit (in the age division in which you qualify). Athletes must still adhere to all state policies and you qualify only in the style in which you place.

SENIORS: Champions qualify for the 2008 United States Olympic Team Trials in Las Vegas, NV; June 12—15, 2008.

Medical and waiver forms for all USA Wrestling events available at WWW.THEMAT.COM

Accommodations

When making reservations, be sure to ask for the USA Wrestling tournament rate at the Host Hotel:

The Heathman Lodge

7801 NE Greenwood Drive
Vancouver, WA 98662

Phone: (360) 254-3100 or (888) 475-3100

Rate: \$89

Officials needing accommodations contact
Tony Arrendondo by March 1st at (360) 748-7434.

USA Wrestling Membership & Eligibility

All contestants and coaches must present proof of a current USA Wrestling Membership Card during registration in order to participate at the 2008 Northwest Cadet, Junior & Senior Regional Championships. To purchase a USA Wrestling Membership Card, go to the www.themat.com, click on "Membership" and follow the instructions. Alternatively, Membership Cards can either be acquired from the State Chairperson or State Membership Director of the contestant's state of residence or purchased during registration.

Secondary sports accident insurance is provided as a benefit of membership. No prequalification required.

JUNIOR DIVISION: Athletes shall be considered eligible to compete in Junior Division competitions if he/she is currently attending high school, or participating in a program considered by the State's Department of Education to be fulfilling the athlete's requirements for graduation from an accredited high school program, or if a summer event, attended high school, or participated in a program considered by the State's Department of Education to be fulfilling the athlete's requirements for graduation from an accredited high school program the "Spring" semester just prior to the summer event. In addition, the athlete has only four consecutive years to compete in the Junior Division once his/her class begins the ninth grade.

SENIOR DIVISION: Open only to U.S. citizens eligible to represent the United States at the 2008 Olympic Games in Beijing, China. Athlete must be a U.S. citizen prior to the start of **THIS** event.

Age Groups & Weight Classes

(All weight classes in pounds, except where noted)

CADET (Born 1992—1993): 84, 91, 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285

JUNIOR (Born September 1, 1988 and after, plus currently enrolled in grades 9—12): 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285

SENIOR (Born 1988 or before, 1989—1990 with medical certificate): 55 KG, 60 KG, 66 KG, 74 KG, 84 KG, 96 KG, 120 KG