

Event Schedule

Friday, March 14

Start Finish

High School Weigh-ins [Freede Center].....6:00 PM 6:30 PM
(See Weigh-in Procedures)

High School Tournament
Seeding Challenges [Litterick Center].....8:00 PM 9:00 PM

Saturday, March 15

Start Finish

High School Preliminaries to Quarterfinals–
Championship Bracket Only [Mats 3-6].....8:00 AM 1:00 PM

The Trish Saunders Women's Wrestling
Technique Tour presented by
Body Bar Systems.....12:00 PM 1:00 PM

College Preliminaries to Quarterfinals–
Championship Bracket Only [Mats 1-2].....9:00 AM 12:00 PM

College Championship Semifinals &
Consolation Rounds up to Medal
Matches [Mats 1-2].....1:00 PM 3:00 PM

High School Preliminaries to Quarterfinals–
Consolation Bracket Only [Mats 3-6].....2:00 PM 6:00 PM

College 3rd & 5th Place Matches.....4:00 PM 5:30 PM

Elementary & Middle School
Weigh-ins [Freede Center].....6:00 PM 6:30 PM
(See Weigh-in Procedures)

College Championship Matches &
Parade of All-Americans [Mat 1].....7:30 PM 9:00 PM

College Awards.....9:00 PM Conclusion

Sunday, March 16

Start Finish

Elementary & Middle School Preliminaries to
Completion and Awards [Mat 1-6].....8:00 AM 1:00 PM

High School Championship
Semifinals [Mat1-2].....9:00 AM 11:00 AM

High School Consolation
Semifinals [Mat1-6].....11:00 AM 12:00 PM

High School 3rd, 5th, & 7th
Place Matches [Mat1-6].....1:00 PM 3:00 PM

High School Championship Matches &
Parade of All-Americans [Mat 1].....5:00 PM 6:30 PM

High School Awards.....6:30 PM Conclusion

SESSIONS AND SCHEDULE SUBJECT TO CHANGE

For specific event procedures or scheduling,
contact USA Wrestling National Events at
(719) 598-8181.



**Archie Randall
1305 Quail Lake Way
Mustang, OK 73064**



USAW GIRLS' FOLKSTYLE NATIONAL CHAMPIONSHIPS

**MARCH 14-16, 2008
FREED CENTER
OKLAHOMA CITY UNIVERSITY
OKLAHOMA CITY, OK**

Event Director: Archie Randall
Phone (Office): (405) 208-5379
Phone (Cell): (405) 834-2976
Fax: (405) 606-4826
E-mail: arandall@okcu.edu
Venue Address: Freede Center
Oklahoma City University
2501 North Blackwelder
Oklahoma City, OK 73106

Online registration available at:



General Information

ENTRY: Athletes have the ability to register either online or on-site. Please be aware that on-site registration will include a \$10.00 late fee. **NO refunds for failure to compete.** The OFFICIAL WAIVER & REGISTRATION FORMS (available at www.themat.com) must be accurately completed and filed at registration. **Participants MUST present proof of current USA Wrestling Membership Card (actual card or photo copy) at registration AND weigh-ins.**

ONLINE REGISTRATION: Online registration is available at www.themat.com. Deadline for online registration is 6:00 PM (CST), Tuesday, March 11th, 2008. Entry fee for participants registering online is \$30.00 per athlete.

ON-SITE REGISTRATION (Cash ONLY): Entry fee for participants registering on-site is \$40.00 (cash only—NO CHECKS) per athlete.

NO REGISTRATION BY MAIL WILL BE ACCEPTED!

INDIVIDUAL AWARDS: Awards will be given to the top 8 individuals in each weight class in the Elementary, Middle School, and High School divisions. Awards will be given to the top 6 individuals in each weight class in the College division.

TEAM AWARDS (High School Division only): The top-3 State Teams will be determined by the highest individual scorer in each weight class.

RULES: National Federation of State High School Association scoring rules will govern the competition for the Elementary, Middle School, and High School divisions. For the College division, the current rules of FILA, with USA Wrestling modifications where applicable, will govern the event and the competition.

UNIFORMS: Collegiate or girls' singlet with underbriefs required. A sleeveless sport top is to be worn under the singlet (no T-shirts). **NO TWO-PIECE UNIFORMS ARE ALLOWED!**

MEDICAL INFORMATION: Athletes must be present in a COMPETITION SINGLET and must submit to a skin disease screening prior to weigh-in. The chief medical officer has full authority without appeal in determining the eligibility of an athlete to compete. In the event of injury or illness, no contestant will be permitted to continue the competition without approval of the Chief Medical Officer, whose decision is final and is not subject to appeal.

Medical and waiver forms for all USA Wrestling events available at WWW.THEMAT.COM

WEIGH-INS: Each athlete will be allowed two consecutive attempts to make weight and may not leave the weigh-in area. All wrestlers must be dressed in a COMPETITION SINGLET for weigh-ins and no weight allowance is given for the singlet.

ELIGIBILITY: All athletes who meet age group requirements, any existing state qualifying procedures (see below) and are current members of USA Wrestling are eligible to participate.

PAIRINGS: Double-elimination line-bracketing with complete wrestle-backs to eighth (8th) place for the 1-5 Grade, 6-8 Grade, and 9-12 Grade Divisions. Double-elimination line-bracketing with complete wrestle-backs to sixth (6th) place for the College Division. When possible, wrestlers from the same state, club, or school will also be separated.

COACHING: A floor passes is required. Coaches floor passes will only be issued to those individuals with a current USAW Coaches Membership Card and who are a minimum USAW NCEP Copper certified (photo I.D. required). Coaches Membership Cards should be obtained from your state office prior to the event, however, will be available for purchase at the Copper Coaches Clinic. Two certified coaches are the maximum allowed in each competitor's corner. To videotape any match at mat side, the operator must be one of the two certified coaches in the corner or have purchased a video pass.

GATE: Event passes are available and may be purchased at the ticket office.

Event Pass (per day)

| | |
|-----------|---------|
| Adults: | \$ 5.00 |
| Children: | \$ 3.00 |

Age Groups & Weight Classes

Grades 1-5: Girls currently enrolled in grades 1-5 (three-year maximum age difference); weight classes to be determined after weigh-ins using blocked weight system within 12% of each competitors body weight.

Grades 6-8: 75 lbs, 82 lbs, 89 lbs, 96 lbs, 103 lbs, 110 lbs, 118 lbs, 126 lbs, 135 lbs, 145 lbs, 155 lbs, 155+ lbs (15 lbs maximum difference)

Grades 9-12: 95 lbs, 102 lbs, 109 lbs, 116 lbs, 123 lbs, 130 lbs, 138 lbs, 146 lbs, 155 lbs, 165 lbs, 185 lbs, 185+ lbs (25 lbs maximum difference)

College Freestyle: (Please contact Archie Randall for entry and rules)
44 KG, 48 KG, 51 KG, 55 KG, 59 KG, 63 KG, 67 KG, 72 KG, 80 KG, 92 KG

College/Club fair

Tables will be set in lobby for all athletes to visit schools currently offering women's wrestling opportunities in college.

Banquet Information

All wrestlers will have an opportunity to purchase tickets to the College Women's Wrestling Banquet.

Banquet will be held Friday, March 15th, at the OCU Campus from 7:00 PM to 9:00 PM. Banquet will include a Special Guest Speaker (*to be announced*).

Tickets can be purchased at a rate of \$15.00 per person.

USA Wrestling Membership

All contestants **MUST** present proof of current USA Wrestling Membership Card at registration. Membership Cards should be acquired from the State Chairperson or State Membership Director of the contestant's state of residence, but will be available for purchase at registration. Secondary sports accident insurance is provided as a benefit of membership. No pre-qualification required.

It's simple! Just go to www.themat.com, click "Become a Member," and follow the instructions.

Accommodations

When making reservations, make sure to ask for the OCU Athletic Rate.

Biltmore Hotel
401 South Meridian
Oklahoma City, OK 73108
Ask for Reservations
Phone: (405) 947-7681
Rate: \$72.00

Hampton Inn
3022 Northwest Expressway
Oklahoma City, OK 73112
Ask for Reservations
Phone: (405) 947-0953
Rate: \$85.00
Includes hot breakfast

Crowne Plaza Hotel
2945 Northwest Expressway
Oklahoma City, OK 73112
Contact: Joanne Young
E-mail: jyoung@cpokc.com
Phone: (405) 602-6112
Rate: \$85.00

Holiday Inn Hotel and Suites
6200 North Robinson
Oklahoma City, OK 73118
Contact: Jeremy Gilley
E-mail: jgilley@okchinb.com
Phone: (405) 843-5558
Extension: 2629
Rate \$79.00
Includes hot breakfast