2012 USA Wrestling Freestyle and Greco-Roman Age Groups & Weight Divisions

DIVISION	Flyweight	Bantam	Intermediate	Novice	Schoolboy/Girl	Cadet *	Junior *		Senior
BIRTHDATES	Born 2006 and later 6 & Under (state level programs only)	Born 2004–2005 7 & 8 (state level programs only)	Born 2002–2003 9 & 10	Born 2000–2001 11 & 12	Born 1998–1999 13 & 14	Born 1996–1997 15 & 16	Born 9/1/93 & after (must be enrolled in grades 9-12) (other rules apply)		Born Out of High School
MATCH TIME LIMITS	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods	3 - 2' periods. 30" rest between periods		3 - 2' periods. 30" rest between periods
# / WEIGHTS	7 plus	9 plus	13 plus	15 plus	17 plus	17	15 / 11		7 / 7
	35	40	50	60	70	88	**Men**	**Women**	**Men**
WEIGHT	40	45	55	65	77	94	100	97	121
CLASSES	45	50	60	70	84	100	106	105	132
	50	55	65	75	91	106	113	112	145.5
	55	60	70	80	98	113	120	117	163
	60	65	75	85	105	120	126	121	185
	65	70	80	90	112	126	132	125	211.5
	70+	75	87	95	120	132	138	130	264.5
		75+	95	100	128	138	145	139	HVY
			103	105	136	145	152	148	
			112	112	144	152	160	159	**Women**
			120	120	152	160	170	172	105.5
			120+	130	160	170	182	198	112
				140	175	182	195		121
				140+	190	195	220		130
					210	220	285		138.5
					265	285			147.5
									158.5
	15 lb. Max. difference (Flyweight competes within state and not at region level)	15 lb. Max. difference (Bantam competes within state and not at region level)	20 lb. Max. difference	25 lb.Max. difference	30 lb.Max. difference				

* FILA weights/ages differ ** medical certificate required to participate *** And the athlete's class must have graduated from high school

Source: UtahWrestling.org - 2/1/12