

2017 AAU Wrestling Age Groups & Weight Divisions

DIVISION	Tots (Boys/Girls)	Bantam (Boys/Girls)	Midget (Boys/Girls)	Novice (Boys/Girls)	Schoolboy	Schoolgirl	Cadet (Boys)	Cadet (Girls)	Elite (Boys)	Elite (Girls)	Senior (Men/Women)	Masters (Men/Women)
BIRTHDATES	Born 2011 and later 6 & Under	Born 2009–2010 7 & 8	Born 2007–2008 9 & 10	Born 2005–2006 11 & 12	Born 2003–2004 13 & 14	Born 2003–2004 13 & 14	Born 2001–2002 15 & 16	Born 2001–2002 15 & 16	Born 1998–2000 (must be enrolled in grades 9-12)	Born 1998–2000 (must be enrolled in grades 9-12)	Born 1987–1997	Born I: 1965–1986 II: 1964 & Earlier
MATCH DURATION: Freestyle	3 - 1' periods. 30" rest between periods.	3 - 1' periods. 30" rest between periods.	3 - 1' periods. 30" rest between periods.	3 - 1.5' periods. 30" rest between periods.	3 - 1.5' periods. 30" rest between periods.	3 - 1.5' periods. 30" rest between periods.	2 - 3' periods. 30" rest between periods.	2 - 3' periods. 30" rest between periods.	2 - 3' periods. 30" rest between periods.	2 - 3' periods. 30" rest between periods.	2 - 3' periods. 30" rest between periods.	2 - 3' periods. 30" rest between periods.
MATCH DURATION: Greco-Roman	3 - 2' periods. 30" rest between periods.	3 - 2' periods. 30" rest between periods.	3 - 2' periods. 30" rest between periods.	3 - 2' periods. 30" rest between periods.	3 - 2' periods. 30" rest between periods.	3 - 2' periods. 30" rest between periods.	3 - 2' periods. 30" rest between periods.	3 - 2' periods. 30" rest between periods.	3 - 2' periods. 30" rest between periods.	3 - 2' periods. 30" rest between periods.	3 - 2' periods. 30" rest between periods.	3 - 2' periods. 30" rest between periods.
MATCH DURATION: Folkstyle	3 - 1' periods. No rest between periods.	3 - 1' periods. No rest between periods.	3 - 1' periods. No rest between periods.	3 - 1.5' periods. No rest between periods.	3 - 1.5' periods. No rest between periods.	3 - 1.5' periods. No rest between periods.	3 - 2' periods. No rest between periods.	3 - 2' periods. No rest between periods.	3 - 2' periods. No rest between periods.	3 - 2' periods. No rest between periods.	3 - 2' periods. No rest between periods.	3 - 1.5' periods. No rest between periods.
# / WEIGHTS	6	11	15	15 plus	18	12	17	12	15	12	7	8
WEIGHT CLASSES	35 40 45 50 55 HWT (75 Max.)	40 45 50 55 60 65 70 75 80 90 HWT (125 Max.)	50 55 60 65 70 75 80 85 90 95 100 103 112 120 130 HWT (175 Max.)	60 65 70 75 80 85 90 95 100 105 110 112 120 130 140 HWT (205 Max.)	70 75 80 85 90 95 100 105 110 115 120 125 130 140 150 160 180 HWT (260 Max.)	81 89 97 105 113 120 128 137 145 155 175 195	84 91 98 106 113 120 126 132 138 145 152 155 160 170 182 195 220 285	84 88 95 101 108 115 124 132 143 145 152 154 172 198	98 106 113 120 126 132 138 145 152 160 170 182 198	97 105 112 117 121 125 130 139 148 159 172 198	125 133 141 149 157 165 174 185 197 HWT	125 133 141 149 157 165 174 185 197 215 HWT

* Current AAU Membership required to participate. ** Birth Certificate may be required to participate. *** Elite Athlete's class must NOT have graduated from high school.

Source: AAU Wrestling Utah - 10/20/16