



# Darold Henry Dynasty

## Folkstyle Tournament



**USA wrestling Sanctioned event (must have USA Card)**

- Where:** Pleasant Grove High School (2 gyms & Wrestling room)  
200 south 700 east Pleasant Grove Utah 84062 (801)-785-8700 ext 147,
- When:** Saturday November 9
- Who:** K-9 grade
- Why:** Fun, improve your wrestling skills, wrestle 3 matches
- Styles:** Folkstyle
- Registration** **Pre-Registration Only:** [www.trackwrestling.com](http://www.trackwrestling.com) Pre-register before 8:00 pm MST on Thursday (11/07/13)
- Cost:** \$12
- Weigh-ins:** Each wrestler will weigh in at their own club using the honor system or your home scale, if someone challenges your weight you must be within two pounds or you will be disqualified.
- Format:** Madison Block 4-man round robin (Wrestlers will be put into groups of 4 based upon their weight and division). Each group will be assigned a mat for the tournament and wrestle each other until the bracket is complete. We will also have staggered starts.
- Match Times:** Folkstyle: 1-1-1.  
10-minute rest time between matches will be honored if requested.
- Schedule:** **Saturday** Times subject to change to an earlier start time for session II if the first session finishes early.
- |            |                  |                             |
|------------|------------------|-----------------------------|
| Session I  | 8:30-11:00am     | Fly, Bantam, & Intermediate |
| Session II | 11:00-conclusion | Novice, Schoolboy, Cadet    |

### **2013 Age Divisions**

- Fly – Born 2008-2009  
Bantam – Born 2006-2007  
Intermediate – Born 2004-2005  
Novice – Born 2002-2003  
Schoolboy – Born 2000-2001  
Cadet – Born 1998-1999