

Fremont Wrestling Club Tournament 2010

2010 FWC tournament will be held on Saturday Dec 4th 2010 @ Fremont High School, 1900 N. 4700 W. Plain City, Utah. We will start weighing at 6:00 a.m. and the scales will close at 8:30 a.m. We will start wrestling at 9:00 a.m. \$10 entry fee. We will wrestle grades k-3 in the small gym and grades 4-9 in the large gym. USA Wrestling card or AAU Card not required, but one or the other is recommended.

Grades K-4 will be round-robin style in groups of 4 with each wrestler receiving a medal.

Grades 5-9 beginner level will be wrestled in Round Robin format as k-4 and Grades 5-9 Advanced will be put into eight man brackets (any weight over 4) and will wrestle double elimination. Top four wrestlers will medal. If a 5-9 weight has 4 or less we will decide whether to combine with another weight or round-robin them. We would like each wrestler to wrestle a minimum of 2 matches.

Projected schedule (subject to change based on numbers)

Small Gym: (times are tentative) Kindergarten 9:00 a.m. 1 st Grade 10:00 a.m. 2 nd Grade 11:00 a.m. 3 rd Grade 12:00 a.m.	Large Gym: 4 th Grade 9:00 a.m. (to allow us to finalize Grades 5-9 brackets) Grades 5-9 (as soon as 4 th grade round robins are finished)
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There will be a complete concession stand and we will have a trainer on site.

Sample Weight sheet

Print Name: _____ Grade: 5, 6, 7, 8, 9

School/Club: _____

Beginner (1st year wrestling)

65, 70, 73, 76, 80, 83, 86, 90, 93, 96, 100, 104, 108, 112, 116, 120, 124, 128, 132,

138, 145, 155, 170, 190, 210, 250, 250+

Advanced (2 or more years experience)

Any questions contact Shane Denton @ 801-698-6132 or sdenton@weber.k12.ut.us or Cody Storey @ 801-644-6407 or cstorey@weber.k12.ut.us