

# AAU WRESTLING

## FROSH/SOPH NATIONALS

NILES WEST HIGH SCHOOL, SKOKIE ILLINOIS --- MARCH 23, 2013

*Freshman/Sophomore wrestlers who did not place in their high school state tournament in your state may enter.*

**WEIGH-INS:** Friday, March 22, 2012 6pm to 9pm, Niles West HS, 5701 Oakton, Skokie IL 60077

**WEIGHT CLASSES:** 101, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285  
(+3 pound wt. allowance)

**REGISTRATION:** <http://www.Trackwrestling.com> must be registered by 11:59 pm March 21, 2013.

**ENTRY FEE:** \$45.00 – Pay only \$5 at the time of *on line* registration through <http://www.Trackwrestling.com>, the remaining \$40 payable at weigh-in

**BOUTS:** All bouts will be 1-2-2 minutes in length.

**AWARDS:** AAU Championship medals for (8), all will entries receive an AAU National T-shirt

**FORMAT:** Full wrestle back (3 bout minimum in most cases)

**ELIGIBILITY:** 2012/2013 frosh/soph wrestlers who did not qualify for their high school state championships and, depending on the structure of the high school state series in your state, eligibility may be extended to frosh/soph wrestlers who qualified but did not place in their high school state series. Must not turn 17 years old before February 23, 2013.

**HOTELS:** Check the team Illinois web site [www.teamillinois.com](http://www.teamillinois.com).

**COACHES PASSES:** \$25 Includes admission & floor pass. Coaches who bring 4 or more wrestlers will receive (1) free coaches pass. *All coaches must show a non-competitor AAU Card.*

**Please check the AAU website prior to competition for coaches membership. Membership may be delayed for background information.**

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This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.

- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership

Mandatory Coaches Education: The AAU National Office is happy to announce to its members, FREE Coaches' Education for all AAU Non-Athletes. This exciting program is MANDATORY for all AAU Non-Athletes and will be administered by Positive Coaching Alliance (PCA). Please visit [www.aausports.org](http://www.aausports.org) and click on JOIN NOW in order to enter and take the MANDATORY AAU/PCA coaches educational course. Membership may be revoked from non-athletes who do not complete course prior to competition. (Additional requirements may apply.)