

Lone Peak Junior High Wrestling Tournament

**Saturday November 19th, 2005
At Lone Peak High School
(10189 N 4800 West, Highland, Ut)
(Just 2 miles north of the Timpanogos Temple)**

Weigh-Ins: Weigh-Ins will take place at Lone Peak High School between 6:00 a.m til 8:00 a.m in the Lone Peak Wrestling Room. The weights are as follows:
65,70,73,76,80,83,86,90,93,96,100,104,108,112,116,120,124,128,132,138,145,155,170,190,210,250 & 250 plus.

Format: The tournament will start at 9:00 a.m. and will run until finished. Wrestler's will be divided into either eight or sixteen man brackets. We will create two or three brackets:(beginner - 1st year, intermediate - 2nd or 3rd year, or expert - 4th year or Jr. High placer last year) Every wrestler will be assured of 2 matches. Last year the tournament was very well run and was completed early. We will wrestle a traditional match and not a takedown format. Wrestlers will be assigned to a specific mat to ensure quick turnover of matches. This is for 5th through 9th graders.

Cost: \$10.00 per individual entry due at the time of weigh-ins.
Spectators are free!

Awards: Medals will be awarded to the top three places in each division. No team awards will be given.

Questions: Contact Lyle Mangum at 801-763-7050 ext 200 or email at lmangum@alpine.k12.ut.us if there are any questions.

Breakfast and Concessions will be provided all day long. Please support our booster club by using these resources.