

# North Summit Spring Classic Tournament

North Summit High School  
111 E.100 S.  
Coalville, UT 84017

**March 19-20<sup>th</sup> 2010**

**Pre-Registration ONLY:** [www.trackwrestling.com](http://www.trackwrestling.com) or [www.wrestleutah.com](http://www.wrestleutah.com)  
(Must Pre-Register before 4:00 pm MST on Thursday 3/18/2010, You must also have a current USA Card)

**Cost:** \$12 per style  
With the 3rd style is free.

**Weigh-in's:** Weigh-in's will be in remote locations and will be hosted by sanctioned clubs. Weigh-in sites will be posting in times.

- We will be hosting a weigh-in at N. Summit Middle School in the wrestling room from 5:00 to 7:30pm.
- (across the street from the high school on the east side)

**Tournament Format:** All USA Wrestling Utah tournaments (except State) will follow the Madison Block 4-man round robin. There will be no pre-determined weights. Wrestlers will be put into groups of 4 based upon their weight and division. Each group will be assigned a mat for the tournament and wrestle each other until the bracket is complete. The brackets and mats will change for each of the styles. We will also have staggered stats:

#### Tournament Schedule

**Friday:** 5:00-5:15pm Officials Meeting  
5:15-5:30pm Rules Clinic  
5:30-5:45pm Coaches Meeting

**Session 1** 6:00-7:30 **Greco: Fly, Bantam, Intermediate, Schoolboy**

**Session 2** 7:30-Conclusion **Greco: Novice, Cadet, Jr. & Sr.**

**Saturday:** 7:30-7:45am Officials Meeting  
7:45-8:00am Rules Clinic  
8:00-8:15am Coaches Meeting

**Session 3** 8:30-11:00am **Freestyle/Folk-style: Fly, Bantam, Intermediate, Schoolboy**

**Session 4** 11:00- Conclusion **Freestyle/Folk-style: Novice, Cadet, Jr. & Sr.**

- **We will start Freestyle and go immediately into the Folk-style in each of the sessions when mats open up so make sure you are there at the beginning of the appropriate session.**

#### Match/Period Times:

**Greco:** Best 2 out of 3, two min periods, 30 sec. rest between periods, all ages

**Free-style:** Best 2 out of 3, two min periods, 30 sec. rest between periods, all ages

**Folkstyle:** Fly, Bantam, Intermediate 1-1-1, Novice and above 2-2-2.

**10 min rest time between matches will be honored if requested**

**Remember:** Red and Blue singlet, Head gear for all Fly-Schoolboy and wrestling shoes with laces tape or lace guard.

**Food:** Concessions will be available both days.

**Tournament Director: Troy Prescott**  
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435-640-1846  
435-336-4218

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