

# Westlake Thunder Tournament

## Three-Style Tournament March 26-27

**Where:** Westlake High School (9 mats, same layout as Wasatch)  
99 North 200 West, Saratoga Springs. Contact Guy Burdett 435-512-5988



**Directions** Take exit 279 for Main St toward Lehi  
Turn on E Main St going west West 4.0 mi  
Turn left at N 10800 W/N Redwood Rd/UT-68 S South 1.0 mi

**Who:** USA wrestling members (USA card is required and must be purchased online) @ <https://webpoint.themat.com>

**Registration:** Pre-Registration Only: [www.trackwrestling.com](http://www.trackwrestling.com) or [www.wrestleutah.com](http://www.wrestleutah.com)  
Pre-register before 6:20 pm MST on Thursday (3/25/10)

**Awards** 1st place receives **t-shirt**, 2nd place receives medal, 3rd place receives medal.  
Most pins award (**Special Thor Hammer**) for each age group per style. Tie breaker determined by shortest times.

**Cost:** \$12 for any 1 style  
\$24 for any 2 styles  
(3rd style is free)

**Weigh-ins:** Weigh-ins will be in remote locations and will be hosted by sanctioned clubs.  
Each club hosting a weigh-in site will be responsible for posting the weigh in time for their site.  
There will be no pre-determined weights.

**Required:** Red and blue singlet, Headgear for all (flyweight, bantam, midget, novice, schoolboy).  
Shoes above the ankle with flat rubber soles are required. Shoe laces must be taped or use an approved lace guard.

### Tournament Schedule:

**Friday:** 5:40-5:50pm Coaches Meeting

**Session 1** 6:00-7:30 **Folkstyle: Fly, Bantam, Intermediate, Schoolboy**

**Session 2** 7:30-Conclusion **Folkstyle: Novice, Cadet, Jr. & Sr.**

**Saturday:** 8:00-8:10am Rules Clinic  
8:15-8:25am Coaches Meeting

**Session 3** 8:30-11:00am **Greco / Freestyle: Fly, Bantam, Intermediate, Schoolboy**

**Session 4** 11:00- Conclusion **Greco / Freestyle: Novice, Cadet, Jr. & Sr.**

- We will start Greco and go immediately into the Freestyle in each of the sessions when mats open up so make sure you are there at the beginning of the appropriate session.

### Match/Period Times:

**Greco:** Best 2 out of 3, two min periods, 30 sec. rest between periods, all ages  
**Freestyle:** Best 2 out of 3, two min periods, 30 sec. rest between periods, all ages  
**Folk-style:** Fly, Bantam, Intermediate 1-1-1, Novice and above 2-2-2.  
**10 min rest time between matches will be honored if requested**