



# Darold Henry Dynasty

## Folkstyle Tournament



- Where:** Pleasant Grove High School (2 gyms & Wrestling room)  
200 south 700 east Pleasant Grove Utah 84062 (801)-785-8700 ext 147,
- When:** Saturday November 3
- Who:** K-9 grade
- Why:** Fun, improve your wrestling skills, wrestle 3 matches
- Styles:** Folkstyle
- Registration** **Pre-Registration Only:** [www.trackwrestling.com](http://www.trackwrestling.com) Pre-register before 8:00 pm MST on Thursday (11/1/12)
- Cost:** \$12
- Weigh-ins:** Each wrestler will weigh in at their own club using the honor system or your home scale, if someone challenges your weight you must be within two pounds or you will be disqualified.
- Format:** Madison Block 4-man round robin  
Wrestlers will be put into groups of 4 based upon their weight and division.  
Each group will be assigned a mat for the tournament and wrestle each other until the bracket is complete.  
We will also have staggered starts.
- Match Times:** Folkstyle: 1-1-1.  
10-minute rest time between matches will be honored if requested.
- Schedule:** **Saturday** Times subject to change to an earlier start time for session II if the first session finishes early.  
Session I 8:30-11:00am Fly, Bantam, & Intermediate  
Session II 11:00- Novice, Schoolboy, Cadet

USA wrestling Sanctioned event

### 2012 AGE DIVISIONS and WEIGHT CLASSES

FLY	Born 2007-2008
BANTAM	Born 2005-2006
INTERMEDIATE	Born 2003-2004
NOVICE	Born 2001-2002
SCHOOLBOY	Born 1999-2000
CADET	Born 1997-1998